

# **New Milford High School**

**2025-2026**

## **Parent - Coach Communication**



**Green Wave**

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## **New Milford Athletics**

Research shows that Participation in interscholastic sports promotes students' development and social ties among students, parents, and schools. We hope that the character traits and life skills learned and practiced through participation in Athletics will be applied to everyday life situations.

The New Milford High School Athletic Department hopes the experience of our student-athletes are positive and enjoyable. Hopefully, the information provided within this pamphlet will be of assistance to both you and your son and/or daughter throughout their high school career.

### **Parent/Coach Relationship**

Both parenting and coaching are extremely difficult "jobs". By working together, the parent(s) and coach are better able to ensure each student-athlete will benefit from the athletic program. As a parent whose son and/or daughter is involved in the New Milford Athletic Program, you have a right to understand what expectations are placed upon them. This begins with clear communication from the team's coach.

## **Communication you should expect from the coach:**

1. Philosophy of the coach and the program.
2. Expectations the coach has for all student-athletes involved in the program.
3. Locations and times of practice sessions and contests.
4. Team requirements and rules.
5. Disciplinary actions that may result in dismissal or suspension.

## **Communication coaches should expect from parents:**

1. Concerns expressed directly to the coach.
2. Notification of any schedule conflicts well in advance.
3. Specific concern in regard to a coach's philosophy and/or expectations.

When your son and/or daughter becomes involved in a program offered by New Milford High School, he or she will experience many rewarding moments. It is important to understand there also may be time when things do not go the way you or your son or daughter would like. If this occurs, a discussion regarding the issue by the athlete with the coach is encouraged.



### Concerns to discuss with coaches:

1. The treatment of your son or daughter, mentally and physically.
2. Ways to help your son or daughter Improve as a player/athlete.
3. Concerns about your son or daughter's behavior.

It sometimes can be very difficult to accept a child not participating or playing as much as a parent may hope. Coaches are professionals. They make decisions based on what they believe to be best for all athletes involved. Many concerns such as those listed above can be, and should be discussed with your son or daughter's coach. Other issues such as: **positions, playing time, and level of participation must be left to the discretion of the coach and coaching staff. Other players on the team will not be discussed.**

Situations can occur that may require a conference between the coach and parent. It is important both parties involved have a clear understanding of the other's position. When these conferences are necessary, the following procedures should be followed to help promote a resolution to the issue or concern.

Please remember that we require **24 Hours** between the end of a Competition/practice and the time you contact a Coach.

### If you have a concern to discuss with a coach, please use the following procedure:

1. Afford your son or daughter the opportunity to discuss the issue with his/her coach. Many times, these meetings resolve the issue or concern.
2. If your son or daughter's meeting with the coach did not resolve the issue, schedule an appointment to meet with the coach using their contact information.
3. If the coach can not be reached, call the Athletic Director Office at (860)350-6647 ext. 1411.
4. Please do not attempt to confront a coach before or after a contest or practice (24 hour rule). These can be emotional times for both the parent and the coach. Meetings of this nature do not promote a resolution.
5. If the meeting with the coach did not provide a satisfactory resolution, call and schedule an appointment to meet with the Athletic Director to discuss the situation.
6. If the meeting with the Athletic Director did not provide a satisfactory resolution, call and schedule an appointment to meet with the Building Principal to discuss the situation.
7. If the meeting with the building Principal did not provide a satisfactory resolution, please submit in writing, a detailed description of your issue or concern to the Superintendent of Schools in care of New Milford Public Schools, Central Office, 50 East St., New Milford, CT 06776.

### New Milford High School

Raymond Manka, Building Principal  
Kevin Best, Assistant Principal  
Anthony Blake, Assistant Principal  
Megan Dwyer, Assistant Principal  
Lauren Bergner, Supervisor of Special Education

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**GO GREEN WAVE!!**

