

ATHLETIC DEPARTMENT AND CONTACTS 2026-2027

Athletic Director – Keith Lipinsky (lipinskyk@newmilfordps.org) – 860-350-6647 ext. 1411

Athletic Trainer – Riley Burns – burnsr@newmilfordps.org

HEAD COACHES

FALL

Cheerleading	Sierra Calo	calos@newmilfordps.org
Cross Country (Boys)	Mike Silvestri	silvestrim@newmilfordps.org
Cross Country (Girls)	Eileen Wargo	wargoe@newmilfordps.org
Dance	Rockshana Desances	desancesr@newmilfordps.org
Field Hockey	Dawn Hough	houghd@newmilfordps.org
Football	Sean Murray	murrayse@newmilfordps.org
Golf (Boys)	Jim Mullin	mullinj@newmilfordps.org
Boys Soccer	Steve Carneiro	scarneiro@connecticut.com
Girls Soccer	Kora Kuk	kora.kuk@maine.edu
Swim/Diving (Girls)	Mark Jedow	jedowmark@gmail.com
Volleyball	Lisa Stein	lstein128@gmail.com

WINTER

Basketball (Boys)	Brice Assie	bkassie3@gmail.com
Basketball (Girls)	Amy Shanks	amysbanks33@yahoo.com
Cheerleading	Sierra Calo	calos@newmilfordps.org
Dance	Rockshana Desances	desancesr@newmilfordps.org
Gymnastics	Bethany Mihaly	coachbe1@aol.com
Ice Hockey	Hank Dietter	HDietter@nucompass.com
Indoor Track (Boys)	Mason Flynn	flynnm@newmilfordps.org
Indoor Track (Girls)	TBA	TBA
Swim/Diving (Boys)	Shannon Danaher	danahers@newmilfordps.org
Wrestling	Chris Piel	ferret972@aol.com

SPRING

Baseball	Ryan Johnson	johnsonr@newmilfordps.org
Lacrosse (Boys)	Evan Cassells	cassellse@newmilfordps.org
Lacrosse (Girls)	Kelsey Holub	holubk@newmilfordps.org
Softball	Rob Farmer	robwfarm3@gmail.com
Tennis (Boys)	Mitch Kindred	kindredm@newmilfordps.org
Tennis (Girls)	Jason Arnauckas	arnauckasj@newmilfordps.org
Track & Field (Boys)	Mason Flynn	flynnm@newmilfordps.org
Track & Field (Girls)	Mason Flynn	flynnm@newmilfordps.org
Boys Volleyball	Steve Carneiro	scarneiro@connecticut.com

ATHLETIC DEPARTMENT WEBSITE:

<https://www.newmilfordps.org/new-milford-high-school/athletics/>

Current Schedules, Cancellations, Directions, Information

ATHLETIC DEPARTMENT INSTAGRAM ACCOUNT

Athletic News, Pictures, Announcements.

[nmhsgrnwave_athletics](https://www.instagram.com/nmhsgrnwave_athletics)

SWC WEBSITE

Conference standings, past champions and other important information

www.swcsportscenter.com

CIAC WEBSITE

Directions, Information, Sign up for emails about schedule changes

www.ciacsports.com