



SCHAGHTICOKE MIDDLE SCHOOL LUNCH MENU NOVEMBER 2025

11/3-11/7



Monday

Tuesday

Wednesday

Thursday

Friday

The Main Menu

BBQ Beef Patty
on Whole Grain
Bun

Baked Beans



No School

Baked Popcorn
Chicken
Whole Grain Dinner
Roll

Glazed Carrots



Stuffed Crust Pizza

Caesar Salad

Cheeseburger
Grinder

Baked Oven Fries

**The Food &
Nutrition
Department
is Hiring!**

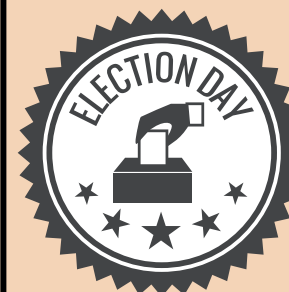
Part Time & Sub
Positions
Available
Call 860-354-3712

Alternate Lunch

Macaroni +
Cheese
w/Whole Grain
Dinner Roll

or

Hot Dog on
Whole Grain
Bun



No School

Steak + Cheese
on Ciabatta Roll

Or

Hamburger or
Cheeseburger on
Whole Grain Bun

Spicy Chicken
Patty
Whole Grain Bun

Or

Hot Dog on Whole
Grain Bun

Bosco Sticks
w/Marinara Sauce

or

Hamburger or
Cheeseburger on
Whole Grain Bun

All meals
come with
flavored fat
free milk or
1% milk and
our Rainbow
Fruit and
Veggie Tray

The SMS Deli

Boars Head
Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Swiss, Pepperjack
Sunbutter & Jelly
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives
WW Bread, Kaiser Roll, Ciabatta Roll, Wrap, Flat Bread



**FREE BREAKFAST &
LUNCH
UNTIL DECEMBER
23, 2025**

Fresh Salads & More



Chicken Caesar
Yogurt Parfait w/Homemade Granola
Hot Pretzel w/Yogurt & String Cheese





SCHAGHTICOKE MIDDLE SCHOOL LUNCH MENU NOVEMBER 2025

11/10-11/14



Monday

Tuesday

Wednesday

Thursday

Friday

The Main Menu

Lasagna
w/Garlic
Breadstick

Baby Arugula
Salad
w/Cucumbers +
Tomatoes

*Veterans
Day*



No School



BBQ Chicken
Sliders



Smile Fries

Early Dismissal
French Bread Pizza

Tossed Salad

Chicken Tenders
Buttermilk Biscuit

Roasted Broccoli



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Alternate Lunch

Macaroni +
Cheese
w/Whole Grain
Dinner Roll

Or

Hamburger or
Cheeseburger
on Whole Grain
Bun

*Veterans
Day*



No School

Smoothie w/Hot
Pretzel



Or

Hot Dog on Whole
Grain Bun

Spicy Chicken
Patty
Whole Grain Bun

Or

Hamburger or
Cheeseburger on
Whole Grain Bun



Bosco Sticks
w/Marinara Sauce

Or

Hot Dog on Whole
Grain Bun



All meals
come with
flavored fat
free milk or
1% milk and
our Rainbow
Fruit and
Veggie Tray

The SMS Deli

Boars Head
Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Swiss, Pepperjack
Sunbutter & Jelly
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives
WW Bread, Kaiser Roll, Ciabatta Roll, Wrap, Flat Bread



Fresh Salads & More



Chef Salad
Yogurt Parfait w/Homemade Granola
Hot Pretzel w/Yogurt & String Cheese

**FREE BREAKFAST &
LUNCH
UNTIL DECEMBER
23, 2025**





SCHAGHTICOKE MIDDLE SCHOOL LUNCH MENU NOVEMBER 2025

11/17-11/21



Monday Tuesday Wednesday Thursday Friday

The Main Menu

Pizza Crunchers

Oven Roasted
Squash

Nacho Tuesday
Seasoned Beef
Tostito Scoops
Lettuce/Tomato/
Cheese/Salsa

Refried Beans



Personal Pizza

Caesar Salad

Turkey Dinner

Sliced Turkey
w/Gravy
Mashed Potatoes
Corn
Pumpkin Bread



Baked Potato
w/Cheese Sauce
+ Broccoli



Garlic Texas Toast

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1% milk and
our Rainbow
Fruit and
Veggie Tray

Alternate Lunch

Macaroni +
Cheese
w/Whole Grain
Dinner Roll

Or

Hot Dog on
Whole Grain
Bun

Pizzeria Style Pizza

Or

Hamburger on
Whole Grain Bun



Nachos w/Cheese
Sauce + Salsa

Or

Hot Dog on Whole
Grain Bun

Spicy Chicken
Patty on Whole
Grain Bun

Or

Hamburger or
Cheeseburger on
Whole Grain Bun

Bosco Sticks
w/Marinara Sauce

or

Hot Dog on Whole
Grain Bun



FREE BREAKFAST &
LUNCH
UNTIL DECEMBER
23, 2025

The SMS Deli

Boars Head
Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Swiss, Pepperjack
Sunbutter & Jelly
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives
WW Bread, Kaiser Roll, Ciabatta Roll, Wrap, Flat Bread



Fresh Salads & More



Chicken Caesar
Yogurt Parfait w/Homemade Granola
Hot Pretzel w/Yogurt & String Cheese





SCHAGHTICOKE MIDDLE SCHOOL LUNCH MENU NOVEMBER 2025

11/24-11/28

Monday Tuesday Wednesday Thursday Friday



The Main Menu

Mini Maple
Pancakes
Sausage Patties



Oven Baked
Potatoes

Chicken Dippin
Sandwich

Steamed
Edamame



Early Dismissal

Pizza

Tossed Salad



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Alternate Lunch

Macaroni +
Cheese
Whole Grain
Dinner Roll

or

Hamburger or
Cheeseburger
on Whole Grain
Bun

Pizzeria Style Pizza
(Pepperoni or
Cheese)

Or

Hot Dog on Whole
Grain Bun

Early Dismissal
Grilled Cheese

Or

Hamburger or
Cheeseburger on
Whole Grain Bun



All meals
come with
flavored fat
free milk or
1% milk and
our Rainbow
Fruit and
Veggie Tray

The SMS Deli

Boars Head
Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Swiss, Pepperjack
Sunbutter & Jelly

Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives
WW Bread, Kaiser Roll, Ciabatta Roll, Wrap, Flat Bread



**FREE BREAKFAST &
LUNCH
UNTIL DECEMBER
23, 2025**

Fresh Salads & More



Chef Salad
Yogurt Parfait w/Homemade Granola
Hot Pretzel w/Yogurt & String Cheese

