

NEW MILFORD HIGH SCHOOL LUNCH MENU MARCH 2026
3/2-3/6



All meals come with flavored fat free milk or 1% milk and our Rainbow Fruit and Veggie Tray

Free & Reduced Meal Applications are now being accepted. Free Meals for all will end April 30th

The Main Menu

Pasta of the Day & Pizza Oven w/Salad



Green Wave Grill

The Sandwich Board

Garden Greens & More

| Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|
| Chicken Fajitas w/Onions/Peppers Salsa/Sour Cream/Shredded Cheese Refried Beans  | Sizzler  | French Toast Sticks Sausage Patties Smile Fries  | Burrito Bowl  | Hot Honey Beef Tot-chos w/Queso Sauce Garlic Knot Green Beans  |
| Macaroni + Cheese w/Garlic Breadstick Or French Bread Pizza (Plain or Pepperoni) | Pasta w/Creamy Tomato Sauce Or Buffalo Chicken w/Ranch Drizzle | Italian Combo Platter Or Mini Pizza Bagels  | Bosco Sticks w/Marinara Sauce Or Pizzeria Pizza (Plain or Pepperoni) | Pasta  Or Pizza |
| BBQ Pulled Chicken Sliders Baked Waffle Fries  | Hamburger or Cheeseburger on Whole Grain Bun Baked Crinkle Fries | Spicy Chicken Patty Whole Grain Bun Lettuce, Tomato  | Rice Bowl  | Bacon Cheddar Burger on Whole Grain Bun Baked Sweet Potato Fries |

Boars Head
 Turkey, Ham, Buffalo Chicken, Italian Combo
 Cheese: American, Provolone, Swiss, Pepperjack
 Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives
 WW Bread, Ciabatta Roll, Wrap, Flat Bread or Kaiser Roll



Large or Small Chef Salad
 Yogurt Fruit & Granola Parfait, Hummus Plate
 Weekly Special:
 Chicken Caesar Salad
 Kickin Chicken Wrap



NEW MILFORD HIGH SCHOOL LUNCH MENU MARCH 2026

3/9 - 3/13



Free & Reduced Meal Applications are now being accepted. Free Meals for all will end April 30th

The Main Menu

Pasta of the Day & Pizza Oven w/Salad

Green Wave Grill

The Sandwich Board

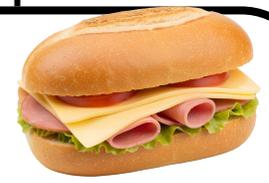
Garden Greens & More



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|
| Chicken Dippin Sandwich Roasted Farm Carrots  | Walking Taco NEW ITEM  | Early Dismissal Pierogies (Sweet Cheese or Buffalo Chicken) Garlic Knot Waffle Fries | Delayed Opening Asian Chicken Egg Roll  Fried Rice | Mashed Potato Bowl w/Whole Grain Biscuit  |
| Macaroni + Cheese Whole Grain Dinner Roll Or Stuffed Crust Pizza (Plain or Pepperoni) | Pasta w/Meatballs Or Pizzeria Style Pizza (Plain or Pepperoni)  | Early Dismissal Ravioli w/Marinara Sauce Dinner Roll Or Personal Pizza (Plain or Pepperoni) | Delayed Opening Bosco Sticks w/Marinara Sauce Or Buffalo Chicken Pizza |  Pasta Or Pizza |
| Steak + Cheese Grinder w/ or w/o Peppers + Onions Baked Potato Wedges | Hashbrown + Egg + Cheese on Whole Grain Croissant Roasted Red Potatoes | Early Dismissal Spicy Chicken Patty Whole Grain Bun Lettuce, Tomato | Delayed Opening Nacho Chips w/Cheese Sauce | Black Bean Burger w/Sour Cream, Salsa + Jalapenos On Whole Grain Bun Baked Spiral Fries |

All meals come with flavored fat free milk or 1% milk and our Rainbow Fruit and Veggie Tray

Boars Head
 Turkey, Ham, Buffalo Chicken, Italian Combo
 Cheese: American, Provolone, Swiss, Pepperjack
 Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives
 WW Bread, Ciabatta Roll, Wrap, Flat Bread or Kaiser Roll



Large or Small Chef Salad
 Yogurt Fruit & Granola Parfait, Hummus Plate
 Weekly Special:
 Greek Salad
 Chicken Caesar Wrap



NEW MILFORD HIGH SCHOOL LUNCH MENU MARCH 2026

3/16-3/20



Free & Reduced Meal Applications are now being accepted. Free Meals for all will end April 30th

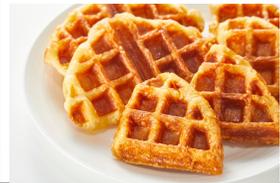
The Main Menu

Pasta of the Day & Pizza Oven w/Salad

Green Wave Grill

The Sandwich Board

Garden Greens & More

| Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|
| Pizza Crunchers Caesar Salad  | Happy St. Patrick's Day Shamrock Nuggets Gaelic Garlic Sticks Emerald Broccoli Luck of the Irish Cookie | Waffle Bar w/Sausage Patties  | NEW ITEM Cheeseburger Calzone w/Special Sauce Buffalo Cauliflower  | Chicken Tenders Garlic Breadstick Roasted Squash |
| Macaroni + Cheese w/Garlic Breadstick Or Garlic French Bread Pizza | Happy St. Patrick's Day Shamrock Smoothie w/Hot Pretzel Or Pizzeria Style Pizza (Plain or Pepperoni) | Pasta with Alfredo Sauce Or 4X6 Pizza (Plain or Pepperoni) | Garlic Twisted Cheese Sticks w/Marinara Sauce Or Pizzeria Pizza (Plain or Pepperoni) | Pasta  Or Pizza |
| Warm Asian Wrap  | Rodeo Burger Baked Onion Rings  | Spicy Chicken Patty Whole Grain Bun Lettuce, Tomato | Korean BBQ Garlic Glazed Chicken Garlic Knot | Hamburger or Cheeseburger On Whole Grain Bun Baked Crinkle Fries |

All meals come with flavored fat free milk or 1% milk and our Rainbow Fruit and Veggie Tray

Boars Head
 Turkey, Ham, Buffalo Chicken, Italian Combo
 Cheese: American, Provolone, Swiss, Pepperjack
 Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives
 WW Bread, Ciabatta Roll, Wrap, Flat Bread or Kaiser Roll



Large or Small Chef Salad
 Yogurt Fruit & Granola Parfait, Hummus Plate
 Weekly Special:
 Southwest Salad
 Turkey BLT Wrap




NEW MILFORD HIGH SCHOOL LUNCH MENU MARCH 2026

3/23-3/27



All meals come with flavored fat free milk or 1% milk and our Rainbow Fruit and Veggie Tray

Free & Reduced Meal Applications are now being accepted. Free Meals for all will end April 30th

The Main Menu

Pasta of the Day & Pizza Oven w/Salad

Green Wave Grill

The Sandwich Board

Garden Greens & More

| Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|
| Asian Chicken Brown Rice Edamame  | Taco Bowl Seasoned Beef w/Salsa, Sour Cream, Lettuce, Tomato Corn + Black Bean Salad | Baked Mozzarella Sticks w/Marinara Sauce Parmesan Broccoli  |  Opening Day of Baseball Hot Dog Bar Baked Beans Popcorn | Mashed Potato Bowl w/Whole Grain Dinner Roll  |
| Macaroni + Cheese w/Whole Grain Dinner Roll Or Personal Pizza | Chicken Parm w/Side of Pasta Or Buffalo Chicken | Pasta w/Meatballs Or Stuffed Crust Pizza (Plain or Pepproni) | Bosco Sticks w/Marinara Sauce Or Pizzeria Pizza | Pasta Or Pizza  |
| Hamburger or Cheeseburger on Whole Grain Bun Baked Sweet Potato Fries | Chicken Club Sandwich w/Bacon, Lettuce, Tomato + Cheese Chipotle or Ranch Dressing Baked Spiral Fries | Spicy Chicken Patty Whole Grain Bun Lettuce, Tomato  | Ham + Cheese Panini w/Roasted Red Peppers + Black Olives (Vegetarian Available) | Cheeseburger Panini Oven Fries  |



Boars Head
Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Swiss, Pepperjack
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives
WW Bread, Ciabatta Roll, Wrap, Flat Bread or Kaiser Roll

Large or Small Chef Salad
Yogurt Fruit & Granola Parfait, Hummus Plate
Weekly Special:
Chicken Caesar
Antipasto Wrap





NEW MILFORD HIGH SCHOOL LUNCH MENU MARCH 2026
3/30-3/31



Monday **Tuesday** **Wednesday** **Thursday** **Friday**

Free & Reduced Meal Applications are now being accepted. Free Meals for all will end April 30th

The Main Menu

Pasta of the Day & Pizza Oven w/Salad

Green Wave Grill

The Sandwich Board

Garden Greens & More

Chicken Dippin Sandwich
 Roasted Broccoli



Macaroni + Cheese
 Garlic Breadstick
 Or
 French Bread (Plain or Pepperoni)



Rice Bowl

Cheese Quesadilla w/Salsa + Sour Cream
 Refried Beans



Stuffed Shells w/Garlic Breadstick
 Or
 Pizzeria Style Pizza

BBQ Beef Pattie on Whole Grain Bun
 Baked Crinkle Fries



All meals come with flavored fat free milk or 1% milk and our Rainbow Fruit and Veggie Tray



Boars Head
 Turkey, Ham, Buffalo Chicken, Italian Combo
 Cheese: American, Provolone, Swiss, Pepperjack
 Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives
 WW Bread, Ciabatta Roll, Wrap, Flat Bread or Kaiser Roll

Large or Small Chef Salad
 Yogurt Fruit & Granola Parfait, Hummus Plate
 Weekly Special:
 Mediterranean Shaker Salad
 Chicken Caesar Wrap