

# SCHAGHTICOKE MIDDLE SCHOOL LUNCH MENU JUNE 2026

## 6/01-6/05



Monday Tuesday Wednesday Thursday Friday

June is National Dairy Month and all meals come with fat free or 1% milk and our Rainbow Fruit & Veggie Tray

### The Main Menu

Grilled Cheese



Tomato Soup

Black Bean Burger on Whole Grain Bun  
Salsa, Sour Cream

Oven Baked Fries

Chicken Selection (Tenders, Nuggets, Popcorn)  
Buttermilk Biscuit

Roasted Zucchini

Stuffed Crust



Tossed Salad

Chicken Nachos w/Salsa + Sour Cream

Golden Corn

### Alternate Lunch

Macaroni + Cheese w/Whole Grain Dinner Roll

or

Cheese Quesadilla w/Salsa + Sour Cream

Pizzeria Style Pizza (Plain or Pepperoni)



or

Hamburger or Cheeseburger on Whole Grain Bun

Bosco Sticks w/Marinara Sauce

or

Hot Dog on Whole Grain Bun



Spicy Chicken Patty on Whole Grain Bun

or

Hamburger or Cheesburger on Whole Grain Bun

Smoothie w/Hot Pretzel



or

Hot Dog on Whole Grain Bun

Breakfast is \$2.25  
Lunch is \$3.10  
Deli is \$3.60  
Please visit our website on how to add money to a student's account or Free/Reduced Meal Applications for detailed information:  
<https://www.newmifordps.org/food-nutrition/>

### The SMS Deli



**Boars Head**  
Turkey, Ham, Buffalo Chicken, Italian Combo  
Cheese: American, Provolone, Pepperjack  
Sunbutter & Jelly

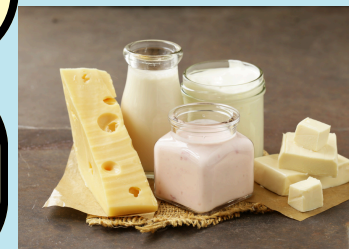
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives  
Whole Wheat Bread, Crown Roll, Wrap, Flatbread



### Fresh Salads & More



Chicken Caesar  
Yogurt Parfait w/Homemade Granola  
Hot Pretzel w/Yogurt & String Cheese



# SCHAGHTICOKE MIDDLE SCHOOL LUNCH MENU JUNE 2026

## 6/08-6/12



Monday      Tuesday      Wednesday      Thursday      Friday

### The Main Menu

Asian Chicken  
Broccoli Florets

Brown Rice



#### Soft Tacos

Seasoned Beef  
Lettuce/Tomato/  
Salsa/Sour Cream



Refried Beans

Pasta w/Alfredo  
Sauce  
Garlic Breadstick

Sweet Peas



Pizza

Caesar Salad



Chicken Club  
w/Bacon/Lettuce/  
Tomato/Cheese  
Ranch or Chipotle

Oven Baked Smile  
Fries



### Alternate Lunch

Macaroni +  
Cheese w/Whole  
Grain Dinner  
Roll

or  
Hamburger or  
Cheeseburger  
on Whole Grain  
Bun

4 X 6 Pizza

or

Hot Dog on Whole  
Grain Roll



Meatball Grinder  
on Ciabatta Roll



or

Pizza Crunchers

Spicy Chicken  
Patty on Whole  
Grain Bun

or

Hot Dog on Whole  
Grain Roll



Bosco Sticks  
w/Marinara Sauce

or

Hamburger or  
Cheeseburger on  
Whole Grain Bun



### The SMS Deli



**Boars Head**  
Turkey, Ham, Buffalo Chicken, Italian Combo  
Cheese: American, Provolone, Pepperjack  
Sunbutter & Jelly

Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives  
Whole Wheat Bread, Crown Roll, Wrap, Flatbread

June is National Dairy  
Month and all meals  
come with fat free or  
1% milk and our  
Rainbow Fruit &  
Veggie Tray

### Fresh Salads & More

**Chef Salad**  
Yogurt Parfait w/Homemade Granola  
Hot Pretzel w/Yogurt & String Cheese



# SCHAGHTICOKE MIDDLE SCHOOL LUNCH MENU JUNE 2026

## 6/15-6/19












June is National Dairy Month and all meals come with fat free or 1% milk and our Rainbow Fruit & Veggie Tray

### The Main Menu

### Alternate Lunch

### The SMS Deli

### Fresh Salads & More

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Dippin Sandwich w/Dippin Sauce  Roasted Carrots 	Breakfast for Lunch Sausage Patties  Oven Potatoes 	Baked Mozzarella Sticks w/Marinara Sauce  Edamame 	Egg + Cheese on Whole Grain Croissant  Oven Potatoes	Pizza  Fruit and Vegetable Selection 
Macaroni + Cheese on Whole Grain Dinner Roll  or  Hot Dog on Whole Grain Bun	Pizza  or  Hamburger or Cheeseburger on Whole Grain Bun 	Mini Ravioli Buttermilk Biscuit  or  Nachos w/Queso Sauce 	Spicy Chicken Patty on Whole Grain Bun  or  Hamburger or Cheeseburger on Whole Grain Bun 	Bosco Sticks w/Marinara Sauce  or  Hot Dog on Whole Grain Bun 



**Boars Head**  
 Turkey, Ham, Buffalo Chicken, Italian Combo  
**Cheese: American, Provolone, Pepperjack**  
**Sunbutter & Jelly**  
**Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives**  
**Whole Wheat Bread, Crown Roll, Wrap, Flatbread**

**Chicken Caesar**  
**Yogurt Parfait w/Homemade Granola**  
**Hot Pretzel w/Yogurt & String Cheese**



**SUMMER NUTRITION PROGRAMS FOR KIDS**

Find a Summer Meal Program Here:  
<https://www.fns.usda.gov/summer/sitefinder>  
 The U.S. Department of Agriculture's (USDA) Summer Food Service Program (SFSP) helps fill the hunger gap by providing nutritious meals and snacks for children ages 18 and younger.

