

ELEMENTARY LUNCH MENU OCTOBER 2026

LUNCH MEAL PRICES
REDUCED: \$0.00
FULL PAY: \$2.85

Monday Tuesday Wednesday Thursday Friday

**Alternate Lunch Options
Offered Daily:**

Charcuterie Lunch

Whole Wheat Bagel or Cereal /
Yogurt Plate

Yogurt Parfait w/ Homemade
Granola

Chef Salad

Sunbutter w/ Jelly on Whole
Wheat Bread
or
Sandwich of the Week

Week 1:
Ham & Cheese on Whole
Wheat

Week 2:
Turkey & Cheese on Whole
Wheat

Week 3:
Tuna on Whole Wheat

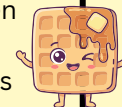
Week 4:
Chicken Wrap

Week 5:
Turkey & Cheese on Whole
Wheat

**ALL MEALS COME WITH
FLAVORED FAT FREE OR 1%
MILK AND OUR RAINBOW FRUIT
& VEGGIE TRAY**

Chicken + Waffles

Baked Chicken
Tenders
Warm Waffles



Roasted Butternut
Squash

Personal Pizza
(Plain or Pepperoni)

Kale Salad

5

6

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8

9



CT Grown For CT Kids Week - See Next Page for Details



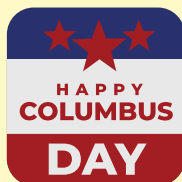
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No School

Baked Chicken
Patty on Whole
Grain Bun

Oven Baked
Crinkle Fries

Baked Mozzarella
Sticks w/Marinara
Sauce



Roasted Zucchini

Early Dismissal
Cheese Quesadilla
w/Salsa

Refried Beans

Stuffed Crust Pizza



Arugula Salad

19

20

21

22

23

Macaroni + Cheese
Whole Grain
Dinner Roll

Steamed Edamame



Taco Tuesday
Seasoned Beef
Lettuce, Tomato,
Cheese, Salsa

Golden Corn

Mini Cheese Ravioli
w/Garlic Breadstick



Tossed Salad

Baked Popcorn
Chicken
Texas Toast

Roasted Local
Carrots

Pizza Bagel

Tossed Salad



26

27

28

29

30

Bosco Sticks
w/Marinara Sauce

Sweet Peas

Egg + Cheese on
Whole Grain
Croissant



Smile Potatoes

Asian Chicken
Brown Rice

Broccoli



Pizza



Caesar Salad

Happy Halloween
Batty Nuggets
Goblin Green Beans
Boo Breadstick
Mummy Milk

Spooky Treat

**BREAKFAST
IS FREE FOR
ALL
STUDENTS**

**3rd Week in
October is
National
School
Lunch Week!**



CT GROWN FOR
CT KIDS WEEK



LUNCH MEAL PRICES
REDUCED: \$0.00
FULL PAY: \$2.85

ELEMENTARY LUNCH MENU

CT GROWN FOR CT KIDS WEEK

OCTOBER 5TH-9TH



Monday

Tuesday

Wednesday

Thursday

Friday

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Offered Daily:

Charcuterie Lunch

Whole Wheat Bagel or Cereal /
Yogurt Plate

Yogurt Parfait w/ Homemade
Granola

Chef Salad

Sunbutter w/ Jelly on Whole
Wheat Bread
or
Sandwich of the Week

Week 1:
Ham & Cheese on Whole
Wheat

Week 2:
Turkey & Cheese on Whole
Wheat

Week 3:
Tuna on Whole Wheat

Week 4:
Chicken Wrap

Week 5:
Turkey & Cheese on Whole
Wheat



Grilled Chicken Breast
on Kaiser Roll
w/Lettuce/Tomato
Ranch Dressing

Local Delicata Squash
(Desantis Farm)

Rogers Orchards
Local Apples & Pears
Apple Cider



Breakfast For Lunch

NEW

Pancake Puffs
Sausage Patties
Baked Potato Puffs

Rogers Orchards
Local Apples & Pears
Apple Cider



LOCAL

Nachos

Pan De Oro Tortilla
Chips From Hartford
Seasoned Beef
Locally Made Salsa
(Massaro Community Farm)
Golden Corn

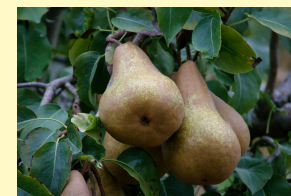
Rogers Orchards
Local Apples & Pears
Apple Cider



Hamburger or
Cheeseburger on a
Whole Grain Bun

Oven Crinkle Fries

Rogers Orchards
Local Apples & Pears
Apple Cider



LOCAL

Brian's Fabulous Fry
Bread (Torrington) w/
or w/o **Local** Marinara
Sauce (Desantis Farm)
Shredded Cheese

Tossed Salad w/**Local**
Lettuce

Rogers Orchards
Local Apples & Pears
Apple Cider

