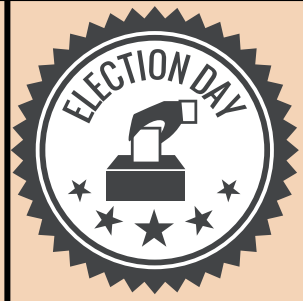
SCHAGHTICOKE MIDDLE SCHOOL LUNCH MENU NOVEMBER 2026
11/2-11/6

	Monday	Tuesday	Wednesday	Thursday	Friday
The Main Menu	BBQ Rib on Whole Grain Bun Baked Crinkle Fries  Baked Beans	 **No School**	Baked Chicken Tenders Garlic Breadstick Roasted Zucchini Squash 	**Early Dismissal** French Bread Pizza Tossed Salad	Egg, Cheese + Hashbrown on Whole Grain Croissant Baked Smile Potatoes NEW Apple Nachos w/Local Apples
Alternate Lunch	Macaroni + Cheese w/Whole Grain Dinner Roll or Hamburger or Cheeseburger on Whole Grain Bun		Smoothie w/ Hot Pretzel  or Hot Dog on Whole Grain Bun	**Early Dismissal** Hot + Spicy Chicken Patty Whole Grain Bun or Hamburger or Cheeseburger on Whole Grain Bun	Bosco Sticks w/Marinara Sauce or Hot Dog on Whole Grain Bun

LUNCH MEAL PRICES
REDUCED: $0.00
FULL PAY: $3.10
DELI : $3.60

BREAKFAST IS FREE STUDENTS K-12

All meals come with flavored fat free milk or 1% milk and our Rainbow Fruit and Veggie Tray

The SMS Deli

Boars Head
Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Swiss, Pepperjack
Sunbutter & Jelly
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives
WW Bread, Kaiser Roll, Wrap, Flat Bread



Fresh Salads & More



Chicken Caesar
Yogurt Parfait w/Homemade Granola
Hot Pretzel w/Yogurt & String Cheese

Menu subject to change - This institution is an equal opportunity provider

SCHAGHTICOKE MIDDLE SCHOOL LUNCH MENU NOVEMBER 2026
11/09-11/13

	Monday	Tuesday	Wednesday	Thursday	Friday
The Main Menu	Black Bean Burger on Whole Grain Bun w/Salsa, Sour Cream + Jalapenos Baked Spiral Fries	Asian Chicken Brown Rice Broccoli 	Veterans Day  **No School**	Stuffed Crust Pizza  Kale Salad w/Local Honey Balsamic Dressing	Baked Popcorn Chicken Whole Grain Dinner Roll Roasted Local Carrots 
Alternate Lunch	Macaroni + Cheese w/Whole Grain Dinner Roll  or Hot Dog on Whole Grain Bun	Pizzeria Style Pizza (Plain or Pepperoni) or Hamburger or Cheeseburger on Whole Grain Bun 		Hot + Spicy Chicken Patty Whole Grain Bun Or Hot Dog on Whole Grain Bun 	Bosco Sticks w/Marinara Sauce Or Hamburger or Cheeseburger on Whole Grain Bun
The SMS Deli	**Boars Head** **Turkey, Ham, Buffalo Chicken, Italian Combo** **Cheese: American, Provolone, Swiss, Pepperjack** **Sunbutter & Jelly** **Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives** **WW Bread, Kaiser Roll, Wrap, Flat Bread** 				
Fresh Salads & More		**Chef Salad** **Yogurt Parfait w/Homemade Granola** **Hot Pretzel w/Yogurt & String Cheese**			

LUNCH MEAL PRICES
REDUCED: $0.00
FULL PAY: $3.10
DELI : $3.60

BREAKFAST IS FREE STUDENTS K-12

All meals come with flavored fat free milk or 1% milk and our Rainbow Fruit and Veggie Tray

Menu subject to change - This institution is an equal opportunity provider

SCHAGHTICOKE MIDDLE SCHOOL LUNCH MENU NOVEMBER 2026
11/16-11/20

	Monday	Tuesday	Wednesday	Thursday	Friday
The Main Menu	Pizza Crunchers Steamed Edamame	Nacho Tuesday Seasoned Beef Tostito Scoops Lettuce/Tomato/ Cheese/Salsa/Sour Cream Refried Beans	Pasta w/Meatballs Kale Salad with Local Honey Balsamic Dressing	**Thanksgiving Gathering** Sliced Turkey w/Cranberry Sauce, Gravy, Mashed Potatoes Corn Gobble Gobble Treat	Mini Maple Pancakes Sausage Patties Baked Potato Puffs
Alternate Lunch	Macaroni + Cheese w/Whole Grain Dinner Roll Or Hamburger or Cheeseburger on Whole Grain Bun	Pizzeria Style Pizza (Plain or Pepperoni) Or Hot Dog on Whole Grain Bun	Nachos w/Cheese Sauce + Salsa Or Hamburger or Cheeseburger on Whole Grain Bun	Hot + Spicy Chicken Patty on Whole Grain Bun Or Hot Dog on Whole Grain Bun	Bosco Sticks w/Marinara Sauce or Hamburger or Cheeseburger on Whole Grain Bun

LUNCH MEAL PRICES
REDUCED: $0.00
FULL PAY: $3.10
DELI : $3.60

BREAKFAST IS FREE STUDENTS K-12

All meals come with flavored fat free milk or 1% milk and our Rainbow Fruit and Veggie Tray

The SMS Deli

Boars Head
Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Swiss, Pepperjack
Sunbutter & Jelly
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives
WW Bread, Kaiser Roll, Wrap, Flat Bread



Fresh Salads & More



Chicken Caesar
Yogurt Parfait w/Homemade Granola
Hot Pretzel w/Yogurt & String Cheese

Menu subject to change - This institution is an equal opportunity provider

SCHAGHTICOKE MIDDLE SCHOOL LUNCH MENU NOVEMBER 2026
11/23-11/27

	Monday	Tuesday	Wednesday	Thursday	Friday
The Main Menu	Cheese Quesadilla w/Salsa + Sour Cream Refried Beans	Chicken Dippin Sandwich Roasted Butternut Squash	**Early Dismissal** Pizza Caesar Salad	Happy Thanksgiving	
Alternate Lunch	Macaroni + Cheese Whole Grain Dinner Roll or Hot Dog on Whole Grain Bun	Pizzeria Style Pizza (Plain or Pepperoni) Or Hamburger or Cheeseburger on Whole Grain Bun	**Early Dismissal** Baked Mozzarella Sticks w/ Marinara Sauce Or Hot Dog on Whole Grain Bun		

LUNCH MEAL PRICES
REDUCED: $0.00
FULL PAY: $3.10
DELI : $3.60

BREAKFAST IS FREE STUDENTS K-12

All meals come with flavored fat free milk or 1% milk and our Rainbow Fruit and Veggie Tray

The SMS Deli

Boars Head
Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Swiss, Pepperjack
Sunbutter & Jelly
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives
WW Bread, Kaiser Roll, Wrap, Flat Bread

Fresh Salads & More

Chef Salad
Yogurt Parfait w/Homemade Granola
Hot Pretzel w/Yogurt & String Cheese

Menu subject to change - This institution is an equal opportunity provider

SCHAGHTICOKE MIDDLE SCHOOL LUNCH MENU NOVEMBER 2026
11/30

Monday

The Main Menu

Chicken Club Sandwich
w/Bacon, Lettuce, Tomato, Cheese
Ranch or Chipotle Dressing

Emoticon Fries

Alternate Lunch

Macaroni + Cheese
Whole Grain Dinner Roll

or

Hamburger or Cheeseburger
on Whole Grain Bun



LUNCH MEAL PRICES
REDUCED: $0.00
FULL PAY: $3.10
DELI : $3.60

BREAKFAST IS FREE STUDENTS K-12

All meals come with flavored fat free milk or 1% milk and our Rainbow Fruit and Veggie Tray

The SMS Deli

Boars Head
Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Swiss, Pepperjack
Sunbutter & Jelly
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives
WW Bread, Kaiser Roll, Wrap, Flat Bread



Fresh Salads & More



Chicken Caesar
Yogurt Parfait w/Homemade Granola
Hot Pretzel w/Yogurt & String Cheese

Menu subject to change - This institution is an equal opportunity provider